



Acumen
Tri-Campus

CAMPUS SAFETY

NEWSLETTER



TRY OUR FREE STUDENT SERVICES FOR AN ENHANCED COLLEGE EXPERIENCE!

@**AceAcumen** understands that balancing academic responsibilities with work and home life can sometimes be challenging. That's why we want to remind you about our free campus resources designed to support your overall well-being and academic success.

Ask an advisor about Acumen's **FREE** services such as, **Health Insurance, Mental Health, Athletics, Tutoring, Careers** and **Events** for information about how you can get support or get involved.

MENTAL HEALTH SERVICES



BOOK NOW

Our Mental Health Coordinator, **Sam Seon** is dedicated to providing 1-on-1 support tailored to your unique needs.

If you are facing academic stress, homesickness, relationship challenges, family pressure or simply need someone to talk to, they are available to listen and guide you towards positive solutions.

Mental Health and Wellness Services:
mhservices@canadaacumen.ca

PHYSICAL HEALTH

Engaging in physical activity is a fantastic way to enhance your college experience.

Our Athletics Coordinator, **Adrian Tash** offers a wide range of opportunities for students to get involved and stay active.

Exercise, sleep, and eating healthy foods will reduced stress, increase energy, and prepare your body to fight against illness & disease more effectively.

Athletics and Sports Coordinator:
adrian.tash@canadaacumen.ca



SEASONAL AWARENESS

Canada has a semi-continental climate. This means that you will experience variations in temperature depending on the season. Winters can reach freezing cold temperatures and snowstorms. Spring has damp/wet weather, with frequent rain-showers and thunderstorms. In the Summer, you may experience hot and humid temperatures and heat-waves. Fall is a mixture of both hot and cool weather, with increased rainfall getting progressively colder.

SPRING PREPAREDNESS

April showers bring May flowers! Spring is fast approaching, and with it comes an increase in rainfall, thunderstorms, fog, and flooding! prepare yourself by purchasing raincoats, umbrellas, and rain boots (otherwise known as galoshes), to protect you from the rain!

Without adequate protection, you are at risk of catching the flu and other common viruses, which thrive in cold, damp air. Also remember to wear bright colours at night if you're walking to help drivers see you clearly in the dark!

Scan the QR Code for weather forecasts and alerts from Environment Canada.



STRUGGLING WITH SEASONAL DEPRESSION?



I.M. Well

NORTH AMERICA (TOLL-FREE)
1-877-55-IMWELL

OUTSIDE NORTH AMERICA
(CALL COLLECT)
1-416-956-2968

SCAN ME



STAY SAFE & DRESS FOR THE WEATHER!



ACE ACUMEN HEALTH & SAFETY WEBPAGE

canadaacumen.ca > Services > Health and Safety



The Campus Safety Team is excited to share a significant step forward in our commitment to your well-being. With the help of Lindsay, Social Media Coordinator, the Webpage has officially launched, serving as a centralized hub for all things related to your safety and health on campus.

CAMPUS SAFETY WEBSITE

WHAT IS ON THE CAMPUS SAFETY WEBPAGE?

- Emergency Response Guides
- Incident Reporting Guide
- Campus Safety Related Policies
- External & Internal Resources
- JHSC Certified Members
- ACEWALK Service Information
- Emergency Flow Charts
- Campus Safety Newsletter
- General Questions to expect during a call with 911 (Emergency Services)



SAFETY BOOTHS AND TRAINING SESSIONS

ENSURING OUR ACUMEN COMMUNITY MEMBERS ARE EDUCATED, TRAINED & PREPARED IN SAFETY AWARENESS, BEST PRACTICES, FIRST-AID/CPR & EMERGENCY RESPONSE



Police Services on Crime Prevention

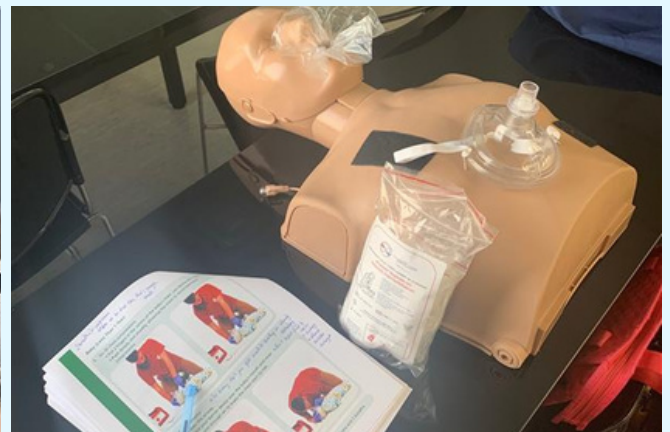


Fire Services on Safety Plans & Safe Cooking

FIRST AID & CPR/AED TRAINING - LEVEL C



Practicing First Aid & CPR using an AED machine



First Aid & CPR Materials & Test Doll

ARE YOU IN TROUBLE?

Domestic and Intimate-partner Violence Sexual Assault and Harassment Suicidal Thoughts
 Mental Health Crisis' Unexpected Pregnancy Extortion/Black Mail Threats of Violence
 Racism/Hate Speech/Discrimination Homelessness Food Insecurity

IF YOU ARE IN A CRISIS:

Call **911** immediately, or report to the nearest Emergency Services Department.

VICTIM & TRAUMA SUPPORT SERVICES:

Victim Services of Toronto | info@vstoronto.com | (416) 808-7066 | 40 College St.
 Toronto, ON.

Victim Services of Peel | info@vspeel.org | (905) 568-8800 | Crisis Line: (905) 568-
 1068 | 7750 Hurontario St. Brampton, ON.

Safe Centre of Peel | info@cfspd.com | (905) 450-4650 | 60 West Dr. Suite 110,
 Brampton, ON.

MENTAL HEALTH & SUICIDE PREVENTION SERVICES:

Nationwide:

Call/Text 988

<https://988.ca/>

Greater Toronto Area:

(416) 408-4357

<https://www.dcoqt.com/>

Assaulted Women's Helpline:

1- (888) 863-0511

<https://www.awhl.org/>

PREGNANCY SERVICES

Birthright - Crisis Pregnancy Services | brampton@birthright.org | (905) 874-0607 | 60
 West Dr. LL1 (Lower Level), Brampton, ON. | Birthright

HEALTH & SAFETY RESOURCES

We encourage every student to register for a Plan Card (personalized health insurance card). Upon visitations to a walk-in clinic or hospital, students are prompted to present their Plan Card and declare themselves as insured by Student VIP.



St.Clair College International Student Health Insurance		MEDAVIE BLUE CROSS
INSURED NAME:	Student Name	
ID NUMBER:	000 #####	DEPENDANT # 00
Drug, Health, Dental & Vision Plan		
POLICY NUMBER:	EFFECTIVE DATE:	TERMINATION DATE:
0099586000	9/1/2023	8/31/2024
Emergency Medical & Hospital Plan		
POLICY NUMBER:	EFFECTIVE DATE:	TERMINATION DATE:
0099586000	9/1/2023	8/31/2024

Plan Card Registration



CAMPUS SAFETY WEBSITE



JHSC CERTIFIED MEMBERS



CAMPUS WELLNESS SCC



COMPLIANCE

&

THE CODE OF STUDENT RIGHTS AND
RESPONSIBILITIES



SUBSTANCE
ABUSE



PARKING &
SPEEDING



THE CODE
OF CONDUCT



CAMPUS
SECURITY



VIOLENCE &
ABUSE



EMERGENCY
EXITS

**NEWS
ALERT**

NOTICE TO COLLEGE COMMUNITY MEMBERS:

Let's keep the vibes positive by sticking to the **Code of Student Rights and Responsibilities**.

It's not about rules, it's about creating a safe and inclusive space where we all feel good, learn a lot, and grow together. So, remember to keep it cool and be respectful. Your cooperation makes our campus shine!



CODE OF CONDUCT



PENALTIES FOR NON-COMPLIANCE

No student or member of the College community shall use words, gestures or act in a manner that:

Health and Safety:

- Violates any College Health and Safety policies, procedures and guidelines.

Verbal or Physical Abuse:

- Threatens or causes fear of verbal or physical abuse to any person(s) on College premises.

Harassment:

- Engages in vexatious comments or conduct that is reasonably known to be unwelcomed or unwanted.

Sexual Assault:

- Sexually harasses another person, on premises or at sponsored event.
- Participates in any type of sexually-related activity that you do not consent to.

Violence:

- Causes or threatens, incites violence/abuse or others to behave in a way that violates The Code.
- Knowingly creates conditions that endanger or threaten the safety, freedoms or well-being of others.
- Brings explosives, firearms, weapons, imitations of weapons on College property.

Theft, Damage or Destruction of Property:

- Inappropriate use, destruction or defacing of College property or any person(s) property on campus.

Fraud or Misuse of Facilities, Services and Resources:

- Defaces College structures, books, resources, or materials.
- Forges or uses College documents with or without intent to defraud.
- Misuses the College name or employees with or without intent to defraud.
- Violates network and communication resources.

PENALTIES FOR NON-COMPLIANCE CAN INCLUDE:

- Meeting with Director
- Probation
- Restitution
- Suspension
- Behavioral Contract
- Exclusion
- Dismissal
- Termination

AVAILABLE RESOURCES

Important updates, resources and more!

EXTERNAL RESOURCES FOR STUDENTS

For All Emergencies in Canada Call: [9-1-1](tel:911)

Non-Emergency Police Matters in the Toronto Region call: [416-808-2222](tel:4168082222)

Non-Emergency Police Matters in the Peel Region call: [905-453-3311](tel:9054533311)

Food insecurity in Peel contact the Hunger Relief Network at: zzgpeelfoodmap@peelregion.ca

Food insecurity in Toronto visit: [TorontoCentralhealthline.ca](https://torontocentralhealthline.ca)

For help finding housing in the Peel Region visit: peelregion.ca/housing/help/

For 24/7 Ontario Mental Health support contact: [1-888-340-1001](tel:18883401001)



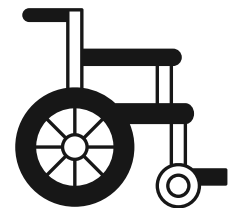
**ACE ACUMEN ACADEMY
CAMPUS SAFE WALK**



**ST. CLAIR COLLEGE
MEDICAL INSURANCE**



**PUNJABI COMMUNITY
HEALTH SERVICES**



**EQUITY, INCLUSION &
ACCESSIBILITY POLICY**



FOR ACUMEN STAFF ONLY - FORMS & POLICIES YOU SHOULD BE AWARE OF

**WSIB REFERENCE
GUIDE FOR WORKERS**



**WORKERS REPORT
INJURY FORM 6**



**EMPLOYERS REPORT
INJURY FORM 7**



**RESPECTFUL WORKPLACE
& EDUCATION POLICY**





PUZZLE PAGE

Can you solve this medium-difficulty Sudoku?

7		5		8			2	
			1		6		7	
	6	3			4	1		
							9	8
		8				5		
5	3							
		1	2			8	3	
	7		9		8			
	4			1		7		2